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## The Stinger Scoop- August 16, 2021

Jessica Miller • about 23 hours ago • Monday, Aug 16 at 5:00 PM • Sinsheimer Elementary School



# The Stinger Scoop

Sinsheimer Elementary Weekly Newsletter

August 16, 2021

### A Message from Principal Miller...

Sinsheimer Families,

Believe it or not, our first day back at school is Thursday! We are all so excited to be back in person together this school year. As your family gets ready to return to school Thursday, start thinking about what your morning and afternoon routines will look like. Review and practice these with your student prior to Thursday so they will know what to expect when the day is here. We all know that returning to school can bring about many emotions for our students. Be sure to talk to your student about how they are feeling about their first day; what they are excited about and what they might be nervous for. After school each day, revisit these same conversations and check in with your child to see how their day went.

I look forward to seeing everyone on campus bright and early Thursday morning!

Go Stingers!

Mrs. Miller



### BACK TO SCHOOL INFO

We all return to school, in-person, on Thursday, August 19th.

Bell Schedule/Calendar:

- **[TK-6th Grade Bell Schedule](#)**
- Be sure to refer to this calendar for holidays, minimum days, and days off school. **[SLCUSD District Calendar](#)**

Class Assignments: Class assignments were set to go out in ParentSquare today, however, due to some technical difficulties, they will not be released until tomorrow. By tomorrow afternoon, you should be able to log into ParentSquare and see your student's teacher. If you have any questions about your class assignment, or did not receive it, please reach out to the office.

Student Supply Lists: As a public school, Sinsheimer provides all necessary school supplies for all students so it is not necessary to purchase any items for your student. However, parents often choose to purchase supplies to help offset the cost to the school.

Optional student supply lists are available through the link on the Sinsheimer website at [si.slcusd.org](https://www.si.slcusd.org).

You can also access them here: [SI Supply Lists 2021-22](#)

To those of you who purchase supplies for your own child and/or supplies for the classroom community, we truly appreciate your support.

Drop-off and Pick-Up Procedures:

- Morning Drop-Off: Our front gates will open at 8:15 each morning (9:15 on Mondays). We ask that students please wait at the steps if they arrive prior to 8:15am. We do not have before school supervision earlier than 8:15am, so please do not drop your student off earlier than that unless they are participating in before school care with Parks and Rec. All of our campus gates will close at 8:25am (9:25 on Mondays). Any student arriving after 8:25am will need to enter through the main office.
- Afternoon Pick-Up: Gates will open for end of the day pick-up at 2:50 each afternoon. Families who would like to come onto campus to pick their student up should plan to meet their student on the blacktop to avoid crowding in the hallways.

School Meals: School meals are free for every student in San Luis Coastal this year! No need to fill out lunch forms or add money to your student's account. Our food services department is working hard to make some really delicious school meals from scratch using local produce and ingredients. Be on the lookout for the school lunch menu coming via ParentSquare soon!

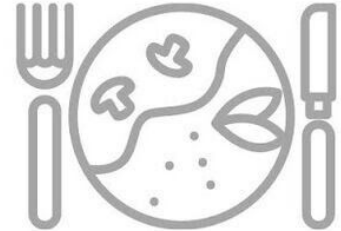


# WELCOME BACK

SLCUSD FOOD & NUTRITION SERVICES  
SCHOOL YEAR 2021-22



ALL MEALS ARE  
**FREE**  
FOR ALL STUDENTS!



## How will my child get free meals at school?

*Dine with us at your campus kitchen for breakfast and lunch daily!*

*No ID necessary!*

## Do I need to apply?

*Meal Applications are not required for free school meals this year.*

*However, please complete the alternate household income form while updating your student's information.*

## Alternate Household Income Forms

*Are important for education funding, financial aid (such as discounted or free AP testing), and more! Please complete when updating your student's information.*

## What's on the menu?

*We are proud to offer a variety of locally sourced foods and feature meals that are made in house, from scratch, using the highest quality ingredients we can source!*

[WWW.SLCUSDFOOD.ORG](http://WWW.SLCUSDFOOD.ORG) | 805-549-1234

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Yoga Mat Donations: To support our teachers with building in outdoor learning opportunities and provide our students some safe learning time with masks off, we are asking for donations of gently used or new yoga mats. Our

hope is to collect enough yoga mats to give each classroom a class set this school year! If you have any to donate, please drop them off at the main office. Thank you in advance for your continued support of our Sinsheimer Stingers!

## **STINGER STARTUP- AUGUST 18TH**

This year, we will be holding a Stinger Startup rather than a traditional Back to School Night. It will take place before school starts, on the evening of Wednesday, August 18th. Our goal with Stinger Startup is to welcome back our families to campus, allow students to see and tour their classrooms and the school, and of course, meet the teachers. The traditional Back to School Night presentation will be sent out to families electronically to view on their own time the first week back at school. Then, on Thursday, August 26th from 5-6pm, each teacher will host an informal question and answer zoom session where families can jump in to ask any questions or learn more about something presented in the Back to School presentation. More information about these zoom sessions will come out soon.

In order to limit the number of people on campus at one time, we have split Stinger Startup into two sessions.

August 18th, 4:00-5:00pm- Students with last names A-L

August 18th, 5:00-6:00pm- Students with last names M-Z

\*If you have a blended family with different last names, please pick one session to attend.

Each session will start out on the blacktop with a quick announcement from Principal Miller before she dismisses your family to start your Stinger Startup Scavenger Hunt.

You may pick up a Scavenger Hunt sheet at the PTA table towards the main office. During the scavenger hunt, students will be asked to find things like the cafeteria, Gaga Ball Pits, Innovation Lab and more. At the end of the night, students can turn in their completed scavenger hunt sheet to participate in a raffle.

In order to keep everyone safe while on campus, we ask that you please follow the guidelines below while on campus.

- Everyone, regardless of vaccination status, must wear a mask while indoors on campus.
- No more than two families should be in a classroom at one time. Please wait outside if there are already two families inside your student's room.
- If you are outside and within 6ft of another family, please put your mask on. If you are outside and not within 6ft of another family, your mask may be off.

Extra masks as well as hand sanitizer will be provided for your use while on campus. Thank you in advance for helping keep all our students, staff and families safe.

## **SCHOOL SAFETY AND COVID UPDATES**

This past year and a half, we all learned a lot about COVID and how to best mitigate the spread, especially in our school setting. This year, to ensure a safe return to school, we are following guidance and mandates from the

California Department of Public Health (CDPH) along with our County Public Health Department. In order to keep our schools open and safe, the following are in place:

- Face Coverings:
  - Face coverings will be required for all students and staff while indoors (unless staff is alone indoors OR they have submitted proof of vaccination and they are not around students).
  - Students and staff may remove their mask when outdoors.
  - What will this look like for my student?
    - While in the classroom or indoor school buildings (library, office, innovation lab, MPR, restrooms), ALL students will be required to wear a mask.
    - Students should plan to keep their mask around their wrist, in a pocket, or in their lunch/snack bag when they leave the classroom.
    - Masks may remain off in our outdoor hallways, out at the outdoor lunch tables, and on the playground.
    - Masks must be put back on once a student heads inside.
- Good Hygiene:
  - Students will be encouraged to frequently wash and sanitize their hands while at school.
  - Hand sanitizer will be available for students before, during, and after snack recess and lunch.
  - Each classroom will be fully stocked with soap for handwashing as well as hand sanitizer.
  - While out at recess and lunch, we encourage students to practice good hygiene by covering sneezes and coughs, then washing or sanitizing their hands after.
- Increased Ventilation:
  - All buildings throughout our school district, including here at Sinsheimer, have updated HVAC filters and ionizers.
  - Outside learning opportunities will be encouraged and used when possible.
  - Doors and windows will be open in classrooms when possible to increase air circulation.
- Limit Exposure:
  - Campuses are open and everyone is welcome!
  - To help limit exposure, we ask that you please call the office ahead of time to make an appointment if you need to meet with a teacher or staff.
  - Parents/guardians should be mindful of spacing when on campus and not masked outdoors.
  - Parents/guardians should plan to drop-off and pick-up their students from the blacktop to limit crowding in the hallways.
- Stay Home if Ill:
  - Students should not come to school if they are experiencing any of the following symptoms (unless it's related to a previously documented health reason on file with the school nurse):
    - Fever or chills
    - Congestion or runny nose
    - Sore throat
    - Cough
    - Shortness of breath or difficulty breathing
    - Fatigue
    - Muscle or body aches
    - Headache
    - New loss of taste or smell
    - Nausea or vomiting

- Diarrhea
- If a student is experiencing any of the above symptoms, they may return to school after ALL of the following:
  - Provide documentation of not having COVID-19 from a Public Health or healthcare provider,
  - Fever-free for 24 hours (without the use of medication), AND
  - Significantly improved symptoms.
- If your student receives a positive COVID-19 test they must remain out of school, isolated at home, for 10 days from the date of their positive test (or onset of symptoms if symptoms are present).
- Families will be notified with more information on what to do if your student is considered a close contact to someone who tested positive for COVID-19.

For more information, check out the [CDPH Safe Schools for All Parent Page](#). If you have any questions or concerns about any of our new COVID guidelines, please do not hesitate to reach out to Principal Miller.

## SAVE THE DATE!

August 18th: Stinger Startup (Back to School Night)

August 19th, 8:25am: First Day of School!

August 20th: First Stinger Spirit Day-- Wear Sinsheimer gear or something black and yellow to show your Stinger pride!

August 23rd: Back to School Classroom Slides/Presentation sent out to families by teachers

August 26th, 5:00-6:00pm: Back to School Q&A via Zoom

August 25th, 5:30-6:30, Sinsheimer Staff Lounge: First PTA General Meeting of the school year

September 6th: NO SCHOOL- Labor Day

September 15th: Picture Day

October 1st: Chalk Art and Family Movie Night

## PTA NEWS



Welcome back, Stingers! Our PTA is able to support our incredible staff, school, and students because of all the various ways that families contribute with their talents, time, money, and hearts.

Please look over this year's [PTA WELCOME PACKET](#), and consider how you can meaningfully contribute. If you prefer paper, you can get a copy of the Welcome Packet at our Back to School Night table or at the front office.

Please return any paper forms to the front office.

In addition, fill out this [VOLUNTEER INTEREST FORM](#) if you are able and willing to volunteer (Sorry, the link in the prior newsletter did not work).

