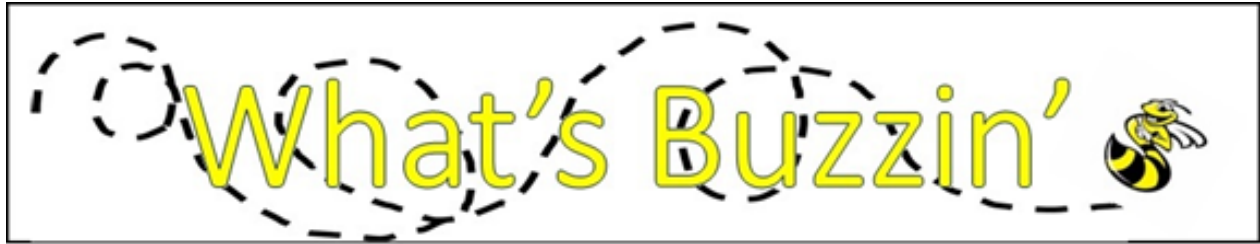


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## What's Buzzin' - August 26, 2019

Jami Wampler • about 1 month ago • Monday, Aug 26 at 2:57 PM • **Sinsheimer Elementary School**



### Principal Message

#### Save the Date

Mon. Sept. 2 - Labor Day - No School

Wed., Sept. 4 - PTA Meeting - 5:30pm - Staff Lounge

Tues., Sept. 10 - Oki Momo SI Spirit Day - 11am to 9pm

Fri., Sept. 13 - PTA Chalk Art Day

Fri., Sept. 20 - Hearing Screening

Mon., Sept. 23 - Picture Day

Wed., Sept. 25 - School Site Council Meeting - 3pm -Library

Wed., Sept. 25 - 5th Grade Parent Science Camp Fundraising Meeting - 5:30pm - Library

Fri., Sept. 27 - Asset Assembly - Humorous -Feat. 3rd Grade - 8:45am - Gym

## Principal Message

Happy 2019-2020 School Year Greetings everyone!

The 2019-2020 school year is off to a good start and I wanted to thank all of you for sharing your amazing students with us. It has been great to see all of the smiles and hear about fun summer memories. As part of our welcome back activities, we will be hosting Back to School Night on Wednesday August 28th this year and I hope to see all of you in attendance. Information is being shared via memo in your child's backpack and electronically via ParentSquare. If you are new to Sinsheimer this year, we do most of our correspondence using ParentSquare, a comprehensive two-way tool that enhances school and home communication. Please consider downloading the mobile app for added functionality. Directions are linked [HERE](#).

Since safety is always on my mind I wanted to ask for your help to make sure our children are kept safe this year. Here is what you can do:

1. Be patient and vigilant using our parking lot - take your time and watch for little ones at all times.
2. Honor our drop off and pick up times when students are supervised. Students should arrive at school **no earlier than 8:15 and be picked up no later than 3:00** (unless enrolled in our Parks N Rec after school care program).
3. Meet our kindergarten and 1st grade teachers face to face when picking up your child in those grade levels at the end of the day. We have established this protocol to make sure our youngest students get adult to adult supervision. Our after school Parks N Rec program will also meet teachers before assuming responsibility for our K/1 students.

Finally, several parents have shared that since they feel more connected with what is happening in their child's classrooms due to ParentSquare, that this school newsletter would be more effective if published only twice per month. Therefore What's Buzzin will be shared out every other week this year. I look forward to another fantastic school year helping shape young minds and spirits.

Best,

Jeff Martin  
Principal

## Principal Message

### School News



### Back 2 School Night

**Wednesday, August 28th**

5:30pm—5:55pm-Kinder Session (**One Session Only**)

6:00pm—6:20pm Welcome—Gym

6:30pm—7:10pm Classroom Session 1

7:20pm—8:00pm Classroom Session 2

**Classroom sessions are held with your child's teacher and will provide you with information about the upcoming school year. Teachers will be sharing Back to School Night information prior to that night, so that you can review it and come with any questions. Time will be dedicated at each session to answer questions and get to know your new class community.**

**\*\*If you would like to meet the Sinsheimer Therapy dogs; Emil, Daisy and Amber, they will be in the Library on Back to School Night from 6-7pm.**

### **District Wellness Policy**

# Principal Message



## Healthy Class Celebrations!

San Luis Coastal Unified School District

SLCUSD Wellness Committee

The occasional classroom party is an excellent time to help reinforce the healthy eating habits taught to students throughout the year. By promoting healthy behaviors, you can have a positive impact on students' daily attendance, classroom participation, test scores, behavior, and help influence life-long healthy lifestyle habits. Proper guidance, education, and the ability to practice learned behaviors will lead to positive choices. Here are some healthy party recommendations.

### Consider These...

- Fresh fruits, dried fruits, canned fruits packed in juice
- Fruit salad
- Small bagels
- Salads with a variety of colorful fruits and vegetables, low-fat or fat-free salad dressings
- Water
- Milk
- Fresh vegetables, cut up and served with low-fat dressing or salsa: baby carrots, green or red pepper strips, pea pods, broccoli, cauliflower, cherry tomatoes
- Toppings of low-fat cream cheese, or hummus
- Sandwiches on whole grain breads or multigrain rolls, with fresh veggies
- Low-fat string cheese
- Wholegrain crackers with low-fat cheese
- Hot, soft pretzels with mustard
- Popcorn, air popped
- Beef jerky
- Cheese pretzel kabobs (cheese cubes threaded on thin, pretzel sticks)
- Hard-boiled eggs (color for spring and eat!)



Please be aware of allergies.

### Consider These Non-Food

#### Celebration Items:

- Dance Party
- Outdoor obstacle course
- Bingo
- Free play
- Crafts (Pinterest ideas)
- Lunch with teacher
- Water Day
- Pajama Party
- Art Party
- Board games
- Read outside
- Heads-up 7 Up



### Items Of Low-Nutritional Value: (Limit to one per party)

WHOLE CLASS PARTIES ONLY!!

- Cupcakes
- Cookies
- Cakes
- Sodas or juices
- Ice cream
- Candy
- Chips
- Donuts



\*\*\*PTA Pulse will be sent in a separate post from now onward.

## Community Events

### Community Event Fliers